

HOW DO I MEASURE MY DOSE?

To determine how to dose cannabis via an oral 1mL syringe, take the potency of the product (mg/mL) and divide by 10 (the number of ticks on the oral syringe - see infographic below). This number equals milligrams per tick.

For example, if you have a 50mg/mL CBD tincture, take 50 and divide by 10. This will give you 5mg per tick. If you need to take 25mg, you would pull the syringe up to .5 (5x5=25).



10mg/mL TINCTURES

SYRINGE MARKINGS

.1 .2 .3

MILLIGRAMS	1 mg	■		
	2 mg		■	
	3 mg			■



50mg/mL TINCTURES

SYRINGE MARKINGS

.1 .2 .3

MILLIGRAMS	5 mg	■		
	10 mg		■	
	15 mg			■

